

You did GREAT!



10 WAYS

I Love YOU!



TO BUILD YOUR

Child's

SELF-ESTEEM

Show respect for your child in all you say and do.

Encourage your child to think choices through.

Listen attentively to what your child has to say.

Fit family activities into each day.

Expect the best, but explain that mistakes help us grow.

Set a good example by letting *your* self-esteem show.

Teach your child to take pride in what he or she believes.

Express your praise for all your child attempts or achieves.

Empower your child by assigning tasks that need tending.

Make sure your child knows that your love is never-ending.

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